hopenewtown.org/prayer

Prayer Diary

26th Jan –15th Feb



Leviticus 26:9-10 "9 I will look on you with favour and make you fruitful and increase your numbers, and I will keep my covenant with you. 10 You will still be eating last year's harvest when you will have to move it out to make room for the new."

Thank you for joining us for our 21 days of prayer and fasting.

Last year we saw significant changes in our personal lives and the life of the Church during and afterwards, so let us encourage you... whatever you fast, whatever sacrifice you make, heaven takes notice!

The purpose of this diary is to keep you focused, and present. Don't lose momentum. Seek God's face in such a way that your whole outlook on prayer and fasting will change.

Each day there is a scripture focus to meditate on, and some suggested prayer points. There is also space for your personal journey including 'MY' FAITH FOCUS, 'MY' PERSONAL PRAYER & PRAISE POINTS & 'MY' LEARNINGS. Each section has space for you to journal what God is saying to you.

We look forward to seeing you at as many of the prayer meetings as possible, whether at Hope or on Zoom over the 21 days. Break your routine, change some lifestyle habits and come and join us to meet with the King of kings and the Lord of lords!

Included in this booklet is the timetable of events and a fasting guide which is important to read. Further info is on the website - **hopenewtown.org/prayer.**

Hope Leadership Team

DAY 1 - SUN 26TH JAN

Isaiah 43:19 (AMP) "Listen carefully, I am about to do a new thing, now it will spring forth; will you not be aware of it? I will even put a road in the wilderness, rivers in the desert."

We don't really know what the **"new thing"** that the Lord has promised for us will be, but what we do know is He has never once let us down. The Lord is faithful. He has proven that He is good. He doesn't delay. He is not weak or weary. God is awesome! His promise is true. His plan is perfect. We must align ourselves with His thoughts as revealed in His Word. Ignoring how we feel about things, circumstances and current conditions, knowing and believing that all is subject to change in Jesus' Name.

It's not easy to overcome our flesh and walk by faith, but it will always be worth it. Stay focused today. Keep your face down in prayer and your head in the Word of God. Avoid worthless distractions. Ignore the enemy's advances. Stop talking and start listening. He will speak to you and breathe new life into you!

If you can today, listen to **'New Thing Coming'** by Elevation Worship.

PRAYER FOCUS

- For a personal eagerness for God to do a new thing in each one of us.
- For a holy focus that ignores distractions and develops a greater trust in His unfailing faithfulness.
- For our discipleship track:
 - New life to be birthed.
 - Filled with the Holy Spirit.
 - Revelation and wisdom to meet people's real needs.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 2 – MON 27TH JAN

Psalm 63:1 (NKJV) "O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water."

We must feed our soul every day. Taking the Word of God to increase our appetite for the Lord and His promises. Why? Because life is full of voices. They each have their own tone and dialect projecting the world's agenda.

If we do not taste and see that the Lord is good, we can know what He says but never hear His voice. Spiritual intimacy is developed when we hear God's whispers – His still small voice breathing on us and penetrating our hearts and minds with love, and affirming us by the Living God who still seeks to live in a relationship with people like you and me. We must learn to stop talking and start listening.

PRAYER FOCUS

- That we will desire His presence over every other thing in our lives. Thank Him that He still wants to speak to us, and that we have this wonderful privilege of adoption, becoming children of God.
- Spend some time today focused and listening for His voice.
- For Alpha.
- For the 'I Said Yes' Course:
 - For new Christians to gain a strong faith foundation.
 - For their passion for God to increase.
 - For them to be filled with the Spirit's love and peace.
 - Roots to go deep in the Word.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 3 - TUE 28TH JAN

Isaiah 43:19 (MSG) "Be alert, be present. I'm about to do something brand-new. It's bursting out! Don't you see it? There it is! I'm making a road through the desert, rivers in the badlands."

Some miracles take a long time and others happen in an instant, so it is important to be on the lookout and stay alert for the move of God in our lives that we are anticipating. God is a God of suddenly, and unexpectedly.

We set timelines, schedules, routines and priorities. It is possible to stifle the move of God and stop His promises by limiting ourselves to our present level of experience and expectations. God is working to fulfil His promises and help you reach your full potential that will fully satisfy you; body, soul and spirit, completely lacking no good thing. So don't try to decide how He will move, when He will do it and what it look like. May we all say in unison – Not my will but Your will be done, on earth as it is in Heaven.

PRAYER FOCUS

- That we will have the courage to step out of our self-imposed limitations and walk in bolder faith. Pray that we will make the most of our daily opportunities to be a witness in our community.
- For a greater personal evangelistic spirit, boldness in sharing our faith.
- For Hope Youth and Hope Kids:
 - That they will see their God-given potential at a young age.
 - They will value holiness and be protected from the devils schemes.
 - They will be a powerful witness to their generation in this town.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 4 - WED 29TH JAN

Gen 12:1 (NIV) "The Lord had said to Abram, "Go from your country, your people and your father's household to the land I will show you."

Abraham, the disciples, and Paul are all examples where God asked a person to step out and do something new. However, once we have decided to trust God and step into something new, we need to get ready for the ups and downs of adventure. That's because when God does a new thing, it is usually accompanied by a period of testing and preparation. As we are not always prepared to accomplish the tasks He has set for us, He develops and tests until we are ready. And His training ground can often be in a wilderness.

Take the example of Joseph, son of Jacob. Joseph came from a family of farmers and shepherds, and he probably planned to be one too. But God told him He would do a new thing in his life, and Joseph would become a person of vital importance. But before that came to pass, Joseph went through a period of testing and preparation during thirteen years of servitude and imprisonment.

PRAYER FOCUS

- For endurance in times of testing, and faith to see the work God is doing behind the scenes. Pray for supernatural strength for Christians who are being persecuted or living in dangerous circumstances.
- For anyone you know who is struggling with difficult life situations, that God will help them and sustain them through it; and release them into a greater level of trust and love for God.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 5 - THU 30TH JAN

2 Corinthians 5:17, (NIV) "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

If we have accepted Christ's gift of salvation, we have been made new. We are no longer the people we were before we became Christians. We are children of God. We are not just polished versions of the old us, we are (spiritually) a new creation. With this change comes hope and peace. Our 'old selves' are gone because the new creations can't live like the old self. Unlike some changes that can be painful or scary, this change is one of celebration as we have found hope in our Saviour.

Galatians 6:8 reminds us, "But those who live to please the Spirit will harvest

everlasting life from the Spirit." So there needs to be an intentionality about what seeds we plant in our lives. What do you want to see in your life in the future? Start to sow that picture in your prayers today.

PRAYER FOCUS

- That we will have a greater understanding of our new birth and walk in our new identity in Christ. Pray for God to deepen and grow you into the image of Jesus.
- For our Sunday Experiences:
 - New people attending and salvations in the house.
 - For supernatural moves of God in healing and prophesy.
 - For greater unity, authentic loving relationships and forgiving hearts.
 - For all volunteers and teams.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 6 - FRI 31ST JAN

Isaiah 43:18-19 (NIV) "18 Forget the former things; do not dwell on the past. 19 See, I am doing a new thing!"

Sometimes the greatest barrier to God doing a new thing is that we are still very happy with the old things! The older we get the more settled we become, and the less likely we want to see change.

But the 'good old days' mentality will rob us of what God is trying to do for us today. Dwelling on the past will either give you unrealistic, rose-coloured memories; or trap you in the stagnation of hurts and regrets.

That's why Isaiah commanded us to choose to think differently and focus our attention on what God is doing now!

Ps Denise reminded us **'Do not dwell'** = **'Do not exist'** in yesteryear - make room for what God has got in store for you **'THIS'** year.

PRAYER FOCUS

- We may not be able to eliminate old memories, but we can ask Jesus to take their power to define and restrict us. Pray that we will be set free from past chains and loosed into greater freedom.
- For all the service teams that do such essential work to meet our vision goals:
 - For increased impact as they serve.
 - For an anointing to reach people through their gifts.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 7 - SAT 1ST FEB

Matthew 9:17 "And no one puts new wine into old wineskins. For the old skins would burst from the pressure, spilling the wine and ruining the skins. New wine is stored in new wineskins so that both are preserved."

Though primarily, Jesus' teaching is a contrast between ancient Judaism and the new Kingdom, this is also very personal. New wine was the end result of the process of fruit growing, crushing in a vat and fermenting.

God's new wine in us is not a matter of preference or convenience and it can't be experienced by an old identity or old thinking. God's newness is never stale nor inert, it is always fresh and always working to transform us.

It seems like Jesus' parable is telling us that unless we are transformed by newness of heart and spirit, we are incapable of experiencing His fullness and promises.



If you can today, listen to the worship song **"New Wine"** by Hillsong Worship, and use the words to shape your own response to God.

PRAYER FOCUS

- Surrender to the process of transformation and have a hunger to be more like Jesus. Through the 'crushing' we will remain, and let God produce new anointing on our lives.
- For all those who serve in making people feel welcome in Church:
 - Breaking down any barriers of apprehension for new people.
 - Discernment for seeing 'behind the façade'.
 - Helping people to feel comfortable so that they might experience God.
 - Love of God in us will be evident to all who come in contact with us.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 8 - SUN 2ND FEB

Ezekiel 26:36 (GNT) "I will give you a new heart and a new mind. I will take away your stubborn heart of stone and give you an obedient heart."

In Biblical terms, the heart is not merely the seat of the emotions and affections, but also of our intellect and will. God wants our hearts to be soft and open, and our minds to see and live in the reality of a Christ-centred relationship. But just like them, our hearts can grow hard and fixed because of our selfishness, unforgiveness and unwillingness to yield.

Ezekiel records the promise of Him who will meet us in our pain and promises us a different future. However, His promise can be resisted, so today, spend some time surrendering to Him and asking Him for greater inner transformation in you.

PRAYER FOCUS

- Pray this prayer: *"I receive all the newness you have for me, and I lay my 'hardness before you."* If there has been an area where you have been resisting God, then confess it and pray for an inner willingness to obey.
 - For the Hope Day Nursery Manager, staff and trustees:
 - For love and care for the families they serve.
 - For excellent standards and wise decision making.
 - For salvation and new blessings upon them.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 9 - MON 3RD FEB

2 Peter 3:13 (NLT) "But we are looking forward to the new heavens and new earth He has promised, a world filled with God's righteousness."

Not only does God want to do a new thing in us now, but He has promised a universal makeover in the future. Right now our society is fixated on global warming, environmental disasters and unprecedented trouble. But our focus is above and beyond that, we are 'heavenly minded' and we know that the end of the human story results in a new creation.

The doom and gloom of the nay-sayers is a poor substitute for the God who holds eternity in His hand and gives us hope for a better ending. Keep your heads high and look forward in hope and faith.

PRAYER FOCUS

- For Heaven's perspective. Often what we see becomes all we see. A new perspective leads the way to new priorities and a greater resistance to fear and doubt.
- For our government:
 - For wise decisions and integrity in character.
 - For the return of our nation to Godly principles.
 - For the prosperity of our town and region.
 - For divine intervention in the big issues in our news.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 10 - TUE 4TH FEB

Psalm 40:3 (NLT) "He has given me a new song to sing, a hymn of praise to our God. Many will see what He has done and be amazed. They will put their trust in the LORD."

A sign of stunted Christian growth is that your heart is still singing the same song from years ago. We should treasure our transformation when we got saved, but our current story shows that God is still working in us today.

Our new song should contain testimony of fresh blessings, fresh answers, fresh revelation and fresh ministry opportunities.

While old songs can be classics, our community needs to hear new renditions of an old truth: Jesus loves you!

We have a calling to be relevant and fuelled with the Spirit today!

PRAYER FOCUS

- Spend some time in worship, and use others' songs to get you to the place where you can make up your own song of worship to God. We have so much to thank Him for, so sing from your heart!
- For our Leadership and Staff Teams:
 - Pray for sensitivity to the promptings of God.
 - For wisdom and discernment, and anointing for ministry.
 - Health & strength as they forge forward to take new territory.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 11 - WED 5TH FEB

Revelation 21:4 (GNT) "He will wipe away all tears from their eyes. There will be no more death, no more grief or crying or pain. The old things have disappeared."

Here's the thing, God's new is always better than our old. There's nothing we can do to change our past, it's behind us. The more filled and fixated we are on our pain, our regrets, our failures, or our glory-days, the less room there is for God's new.

One day there will be a complete and utter life transformation when we see Jesus face to face. Why hold onto things that, one day, He will wipe away? He doesn't ask us to ignore or deny our emotions, He asks us to hold them as temporary and live in the presence of the one who redeems all these things for His glory.

PRAYER FOCUS

- While not discounting our old experiences, we must pray to remove any power they hold over us. Our past should not define our identity – we are a new creation – and we should ask that God will re-frame it for His glory.
- That Hope will be a beacon to our town and beyond:
 - For new people to come.
 - For our outreach projects to bring people to salvation Hub initiatives.
 - That hurting people will experience the comfort of Jesus.
 - Those bound in sin and bowed low with burdens will meet Jesus, be set free and walk in their new identity.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 12 - THU 6TH FEB

Leviticus 23:16 (NIV) "Count off fifty days up to the day after the seventh Sabbath, and present an offering of new grain to the Lord."

Why was the Lord interested in new grain when surely, any grain would have sufficed as it was going to be made into loaves anyway?

There was already a normal grain offering, but this was to be different, the offering was to be waved before the Lord, not burned up.

What we see here is that this feast would be eventually called Pentecost, where God pours out the new blessing of His Spirit. We don't need to bring a grain sacrifice, but a humble heart. We don't need to bake a loaf but present our lives. Our worship is a response to an inner newness that we didn't grow ourselves, but is a gift from God

PRAYER FOCUS

- Today let's spend time in gratitude, thanking God for the freedom we have in Him, for the freshness of our relationship through Jesus, and recall the blessings He has provided us with.
- For the Holy Spirit to direct and empower our worship at home and at Hope. Pray that we will hold nothing back from Him, but have a lifestyle of worship that is God conscious, not self conscious.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 13 -FRI 7TH FEB

Deuteronomy 22:8 (GNT) "When you build a new house, be sure to put a railing around the edge of the roof. Then you will not be responsible if someone falls off and is killed."

This rather obscure construction advice was instigated because people's lives and health are important to God. In the middle East, flat roofs were often used for hospitality and a person unfamiliar with the layout might find unexpected danger. Likewise, whenever we step into anything new it is wise to take precautions and look before we leap. In James's letter, he encourages us to ask for wisdom when we need it and God will generously give what we need. New days call for fresh wisdom, so that we might make the most of the opportunities.

PRAYER FOCUS

- For those working in the local councils and housing sector, pray for local people living in temporary accommodation. Pray that God will provide the right wisdom to those who have questions and struggles.
- For our Pastors:
 - For Life Group pastors, in their crucial role.
 - For Pastoral Support as they oversee with wisdom and help.
 - That greater community and love would be expressed among God's people.
 - That we will "bear one another's burdens" as the family of God.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 14 - SAT 8TH FEB

Job 14:7 (ICB) "There is hope for a tree. If you cut it down, it will grow again. It will keep sending out new branches."

Sometimes what we see as a tragedy, God sees as a new beginning.

When we feel like we are in the middle of a dark time in our lives it can seem like there's no hope and no light. But if we consider nature's example, like Jesus told us to do in Matthew 6:28-30, we will realise that circumstances can never have the final word when God is concerned.

New shoots that bring life and fruitfulness can come from the death of the old if we focus on renewing our minds (Romans 12:2). People in our community don't realise just how much God loves them and has for them to experience, so let's endeavour to make Him known.

PRAYER FOCUS

• Rejoice and thank God for the 'endings' that He has brought to your life. Thank Him that you are not who you once were, and ask Him to show you how you are growing in new life.

(Note: if you are struggling to see new life evidence then we encourage you to meet with a Pastor to talk about it.)

- Street Pastors: for safety, discernment, wisdom and anointing.
- Prison Ministry: for prophetic edge and anointing to break chains.
- Chaplaincy (Bethshan, sports & prison): wisdom, discernment, compassion and insight.
- Hope Hangout: receive the love of God and build great friendships.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 15 - SUN 9TH FEB

Revelation 2:17 (NIV) "I will also give that person a white stone with a new name written on it, known only to the one who receives it."

In the city to which this was written, local buildings were built in dark granite, and inscriptions were carved in white marble to make the name stand out.

White pebbles were also tokens of an innocent verdict in a trial. Could it be that the Spirit is telling Christians that their new identity is a declaration of innocence from the power of sin, and that God is making a declaration of ownership over them?

In Bible times a new name was the indicator of a new destiny or a new opportunity. As we are a 'new creation' we must walk in the newness we have been given and let our lives be a blazing inscription of the grace of Jesus.

PRAYER FOCUS

- Our new identity is a spiritual new beginning that God has provided for us. Pray that we will not live under old labels but live free from past mistakes, failures and fears taking hold of everything Jesus bought for us on the cross.
- Spend time in confession today:
 - Lay before God your attitude and ask Him to show you where it needs adjusting.
 Pray that any desires or thoughts that are not in line with the pursuit of God will be replaced.

Decide today to lay down:

- Habits that hold you back.
- Websites that distort your thinking.
- Substances that hinder you receiving the new God has for you.
- Thank Him, that those who seek His face will not be disappointed.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 16 - MON 10TH FEB

Mark 1:27 (TLB) "Amazement gripped the audience and they began discussing what had happened. "What sort of new religion is this?" they asked excitedly."

Jesus got noticed wherever He went because He brought a freshness that had long been missing in organised religion. Without personal revelation it can be easy to settle into a routine, attending church rather than being church, that will eventually lead to spiritual boredom.

'New' can seem threatening to our comfort because we lean towards the predictable, yet inside, our spirit yearns to be gripped with amazement. It takes courage to leave the familiar, (with its routine and preferences) and embrace something new that God is leading us into, but this is the new life we have been born into.

PRAYER FOCUS

- People have been turned off by legalistic religion, pray for evidence of 'new wine' in our lives, pray for a resistance to old religious ways, and for a release of the Spirit's freshness in our lives.
- For revival in our town/Wales:
 - People will discover a newness not found in old religion.
 - Those who are atheists will discover the reality of the Father who loves them.
 - Those who are blinded by the 'god of this world' will have their eyes opened to the gospel.
 - The prodigals will come and find new life in Him.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 17 - TUE 11TH FEB

Ephesians 4:23 (MSG) "Since, then, we do not have the excuse of ignorance, everything—and I do mean everything—connected with that old way of life has to go. It's rotten through and through. Get rid of it! And then take on an entirely new way of life—a God-fashioned life, a life renewed from the inside and working itself into your conduct as God accurately reproduces his character in you."

If you are feeling the pressure of doing your best to live as Jesus wants and feeling like you're failing... relax. Our verse today talks about being renewed 'from the inside'. Inner surrender leads to personal transformation, that results in outer change. It can't be forced, or manipulated; we must give up the pretence that it's our effort of goodness that makes a difference. Anything good in us is only the fruit of the Holy Spirit's work (see Galatians 5:19-23).

There are things that we can do to help us create good lifestyle habits, and they work great when they come from a heart that has been touched by God's grace. The more we lean into Him, the more He does His transforming work in us!

If you can today, listen to **'Owe You My Praise'** by Elevation Worship and soak in God's goodness.

PRAYER FOCUS

- That the Spirit will show us which parts of the 'old' us He wants to work on, and renew. Pray for courage to make decisions that will result in spiritual growth and have eternal value.
- That Hope will be known as a church where, "...those who come in feeling condemned, get accepted; ...a church where the fallen are restored, the hurting are healed and the lost are saved."

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 18 - WED 12TH FEB

1 Peter 1:3 (NLV) "Let us thank the God and Father of our Lord Jesus Christ. It was through His loving-kindness that we were born again to a new life and have a hope that never dies."

If it was through the kindness of God that we have been saved and now live in the newness of Jesus, let us make kindness the hallmark of our own relationships.

Just imagine what the world would look like if we all increased our kindness. Well, the world may not get the memo, but it can start with us. We can choose kindness over annoyance, kindness over frustration, and kindness over judgementalism.

Just think about how much kindness Jesus has given you, and remember the Parable of the Unmerciful Servant (Matthew 18:21-35). There's a calling on our lives to act in a way that represents the goodness of God, so whether you are in a traffic jam, a shop queue, or your living room with loved ones – let's choose kindness!

PRAYER FOCUS

- Let's not take for granted the grace that's been shown us. Pray that we might use each day's interactions to choose to demonstrate kindness, especially to those who may not deserve it.
- For everyone who ministers at Hope through preaching, teaching and small groups:
 - For anointing and clarity.
 - They will handle the Word of God correctly and speak with power.
 - That signs and wonders will follow the preaching of the Word.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 19 - THU 13TH FEB

Exodus 16:4 (CEB) "Then the Lord said to Moses, "I'm going to make bread rain down from the sky for you. The people will go out each day and gather just enough for that day."

Rarely does God give us everything up-front, instead he keeps us in daily communion by providing the new blessings for the new day. This agreement of provision was based on two things, firstly God's faithfulness, and secondly, Israel's obedience. God proved his faithfulness because for 40 years the blessing kept coming. Israel took a bit of time to settle into this period of trust (and moaned about it at times), but on the whole they saw who was working through the miracle.

Likewise, our daily dependence on our Father for fresh grace, fresh mercy and fresh provision stops us from living in a transactional relationship. It encourages us to pursue Him for who He is, rather than what He gives us.

If we got what we wanted up front, how dedicated would we be to prayer and devotions? This daily reliance on Him is what builds a personal, meaningful relationship that we were born to experience.

PRAYER FOCUS

- Let your prayer be *"Lord, never let me take you for granted, nor rush ahead and find myself out of your provision."* Pray for greater trust and patience in prayer.
- For the Assemblies of God in Wales, and Ps Denise as she leads it:
 - For Hope's impact in serving and blessing churches in Wales.
 - That Pastors will be fired up and equipped to lead and grow their congregations.
 - For new churches to be planted in Wales.
 - God's fresh/newness to be poured out on our nation.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 20 - FRI 14TH FEB

Hebrews 13:1 (TPT) "No matter what, make room in your heart to love every believer."

Very often when you've lived in a place for a while you start to accumulate clutter that sometimes you don't even notice. It takes a decisive event or person to help you get rid of 'stuff'.

The writer says that our hearts can also get cluttered with things that are essentially unimportant, and what is important can be crowded out.

We can't be filled with new love if we are crowded out by old disappointments, wounds, dreams or fears. Before we see increase on the outside, we have to make room for it on the inside, so Hebrews 13 encourages us to be filled with the right things, and get rid of the old things in our comfort zone.

PRAYER FOCUS

- For discernment to identify 'spiritual clutter', for courage to say goodbye to the old and make room for Kingdom values love, grace, forgiveness, etc.
- For those suffering with mental health issues:
 - For deliverance from anxiety and depression.
 - For divine peace in times of trouble.
 - There will not be a spirit of fear, but love power and a sound mind, according to the teaching of 2 Timothy 1:7.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

DAY 21 - SAT 15TH FEB

Isaiah 40:31 (NLT) "But those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint."

None of us really like waiting, we get easily frustrated with things taking longer than we'd like them to. Waiting however, is an exercise in trust and if you look through Scriptures it is difficult to find someone who got what they asked for immediately.

Time is one of God's great tools that He uses for our spiritual growth, so remember that 'waiting time is not wasted time'.

Here, Isaiah gives us the insight that when we spend time in God's presence and we wait on Him (not rush Him, or demand from Him) it results in a strength that we did not expect that enables us to go higher, further and with stability. It seems counter-intuitive, but more time waiting leads to greater progress.

PRAYER FOCUS

- Spend time today without a list of requests, and just love Jesus. Thank Him for His favour, listen for His whispers, and receive His strength.
- For faith to persevere in prayer until the answer comes.
- For the new habits we have developed to become a part of our lifestyle.
- For spiritual maturity in every Hoper.

MY FAITH FOCUS

MY PRAYER & PRAISE POINTS

hopenewtown.org/prayer